



**VHS PTSA  
4<sup>th</sup> Annual Essay Contest**

**"There is a King in You"**

*The goal of the enemy,  
Is that you don't know who you are.  
There's power when you speak.  
Be mindful of words you release.  
I know that life has challenged you,  
But the King in me speaks to the King in you.  
You were born to rule.  
There is a king in you.*

**A King in Who? Who are those that we look to as examples/mentors? Who is worthy of recognition? According to Donald Lawrence's lyrics, they are the people (1) who know who they are, (2) who speak powerfully-not hurtfully, (3) who have been challenged and have overcome obstacles. With that in mind, pick an African-American that you admire because they exhibit the qualities above. Write about the life of this African-American and why they inspire the "King in You".**

**All essays need to be typed in Times-New Roman, 12 point, double-spaced (i.e. MLA format). The deadline for entries is January 31, 2012. Students will receive extra credit in their English class for essay submissions AND extra credit for attending the 4<sup>th</sup> Annual Celebration of African American Heritage on February 9, 2012, VHS Auditorium at 7pm.**

***CASH PRIZE FOR 1<sup>ST</sup> PLACE WINNER!!!!***